

# 6 steps to discovering your dream job



Fill out this quick and easy template, which will teach you how to use basic AI to help you generate ideas about what job might be right for you in future.

**Step 1:** Write a list of 5 of your biggest strengths. These could be anything from your physical skills, such as being great at sports or baking, to your personal qualities like being well-organised, friendly, smart or brave. Sometimes it can feel pretty uncomfortable to celebrate the good things about ourselves; if you're struggling for ideas, ask your friends or foster parents for their input.

- 1-
- 2-
- 3-
- 4-
- 5-

**Step 2:** Write down your 3 favourite subjects at school in order, with number 1 being your favourite:

- 1-
- 2-
- 3-

**Step 3:** Write down the 3 subjects you are best at school in order, with number 1 being your favourite (it's ok if the same subject appears in both task 2 and task 3):

- 1-
- 2-
- 3-

**Step 4:** List these 5 things in order of which is most important to you, with number 1 being the most important: **Money, Time, Enjoyment, Freedom, and Helping Others**. Cross numbers 4 and 5 off your list, keeping your top 3 priorities.

- 1-
- 2-
- 3-
- 4-
- 5-

**Step 5:** Enter the information above into the blank template below.

*'Give me some suggestions for careers based on my personal strengths and preferences. My strengths are \_\_\_\_\_. My best subjects are \_\_\_\_\_. My favourite subjects are \_\_\_\_\_. I am looking for work which prioritises \_\_\_\_\_. What jobs would best suit my talents?'*

Here's an example of how a completed paragraph might look:

*'Give me some suggestions for careers based on my personal strengths and preferences, outlined below. My strengths are **punctuality, being well organised, adaptable, competitive, and working well in a team**. My best subjects are **history, English and geography**. My favourite subjects are **history, geography and physical education**. I am looking for work which prioritises **enjoyment, money and freedom**. What careers would best suit my talents?'*

**Step 6:** Now it's time to enter your completed paragraph into a trusted AI platform such as [ChatGPT](#) or [Perplexity](#). AI will then look for links between your strengths to generate a personalised list of potential career paths tailored to your unique skills. This list should help give you some ideas of job roles which would be a good fit for you and may even lead to you discovering your dream job!

**Remember:** never include personal details such as your name, address, passwords or any other identifying information when using AI services.