

The Magical Adventure of Sprite



A CHILDREN'S GUIDE TO FOSTER CARE



Draw Yourself Here

Hi, my name is Sprite and I will be helping you find out about what foster care means - I have already had the same experiences that you are having now and promise that like me, you will be just fine. Foster care means that sometimes, if you've had a hard time at home, a social worker will help to find you a foster home and family who will shelter you and look after you with a kind friendly smile.

a little about me...

My name is _____

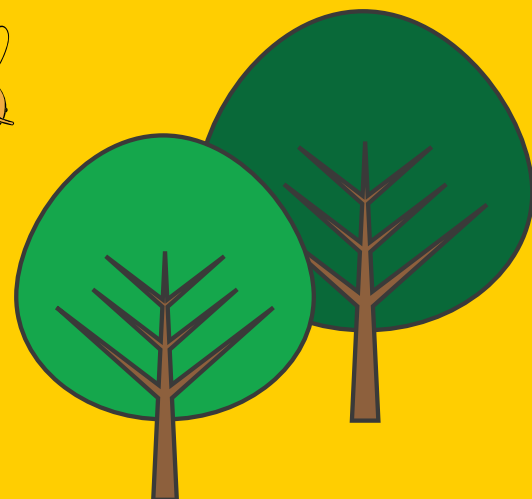
I am _____ years old

My favourite colour is _____

My favourite animal is _____

My favourite hobby is _____

If you turn over then there will be pages for you
to fill in and colour - enjoy!



The Story Of Sprite



Once upon a time in the big wide world, there were some children who were having a bit of a hard time at home.

To make sure these children could feel safe and happy, there were people called social workers, who would help to find the children a safe, new home to live.

This story is about Sprite, who is one of these children, and his story will help you to understand what foster care means.



One day, Sprite met his new social worker and he told Sprite that they would be able to find a new home for him with wonderful, smiley and joyful people who would look after him.

Sprite's social worker also said that he should never feel alone, as they would always be around to listen and help and that Sprite's foster carers would always try their best to make him feel safe and happy.

Sprite wanted to know more so he bravely asked the grown-ups to explain things and they did.

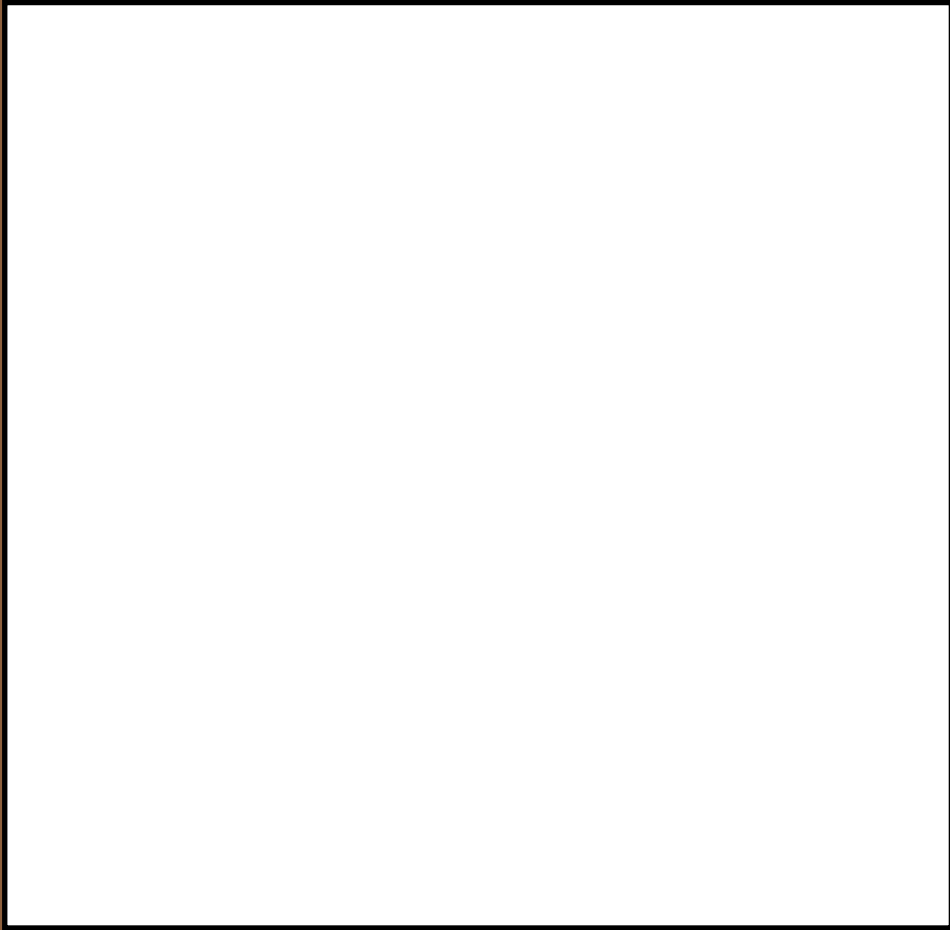
The social worker explained that Sprite would go and live with a foster family, because he couldn't stay with his own parents at the moment.



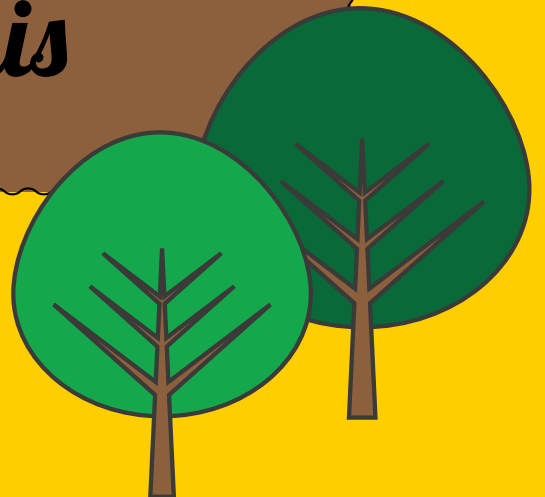
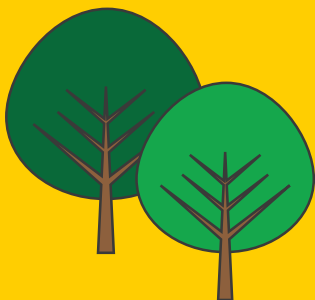


This was a bit scary as Sprite didn't know what a foster carer was as no one had explained this to him.

So Sprite's social worker explained that some foster carers are married and some are not, some foster carers have children and some don't, but the most important thing for Sprite to remember was that all foster carers were lovely people who liked to help children like Sprite by looking after them, for as long as they needed.

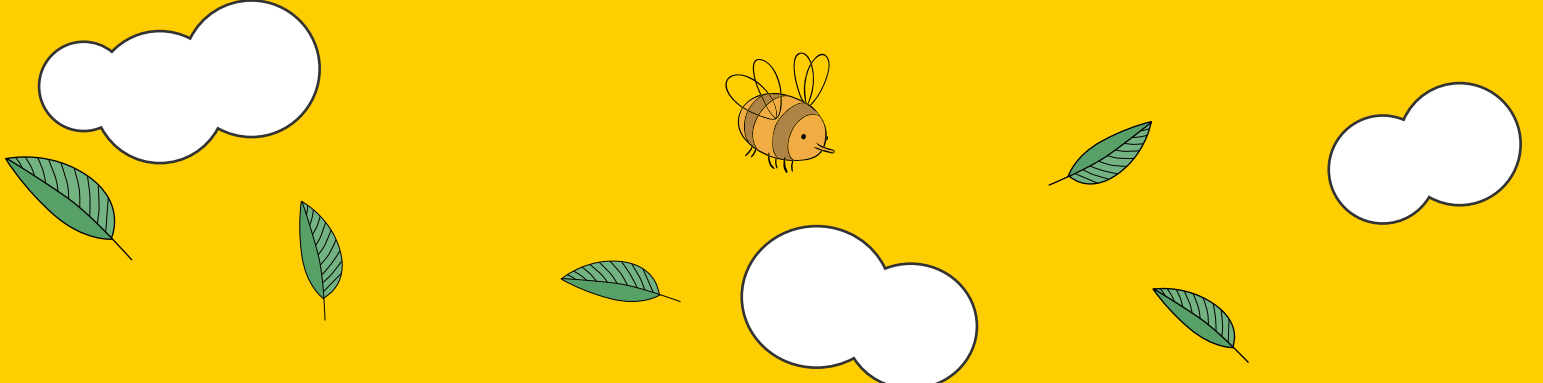


*My new foster home
looks like this*





*This is my best friend
and me together*





Sprite's social worker told him to imagine that a big circle of friends were all holding hands together and no one's hands would ever let go.

Within this circle is Sprite holding hands with their foster carer on one side and their social worker on the other side.

The social worker then told Sprite that also in this circle there could be teachers, doctors, the social worker's boss and maybe some people from Social Services.

The social worker told Sprite that all of these people work together holding hands in a big circle of support to help keep him safe, warm and happy.



The social worker also explained that sometimes Sprite might have visits from the social workers to see how he is getting on in his new foster home.

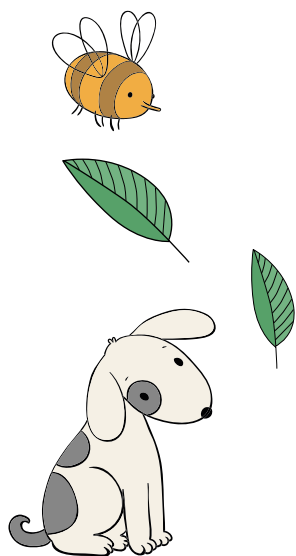
At other times, all of the people within the circle would have a meeting to discuss how Sprite was feeling and they would always ask him what his thoughts and feelings were and what he wanted to do.

Sprite felt sad to leave his family, but found when he got to the foster carer's home that it was warm, clean, dry and safe. His new foster family made him feel part of their family and cared for him just as much!

The social worker introduced Sprite to his foster carers. They smiled and told Sprite that they were pleased to meet him and hoped he would be very happy with them. They explained that they would do everything they could to make him feel comfortable and happy whilst he was with them.

They showed him to his new bedroom. His room was lovely and cosy, with a big comfy bed. Sprite was even allowed to put his own pictures up on the wall!

Sprite's foster family understands how difficult it can be to be in foster care and wants Sprite to know that he can talk to them whenever he likes about how he feels and anything he is worried about.



The next day, Sprite was taken to school by his foster carer. Sprite enjoyed school and got to make lots of new friends.

The name of my school is: _____

My favourite lesson is: _____

My best friend is: _____

When Sprite came home from school he was able to watch his favourite television programme, and his foster carer made him his favourite food for dinner.

My favourite television programme is: _____

My favourite food is: _____

Some of my favourite things to do are: _____

It was a bit strange at first to sleep in a different bed, but Sprite started thinking about all the many different hands that were holding his, such as, the foster carer's, the social worker's and all the other people that Sprite's social worker had told him about. Sprite felt safe and knew that he was cared for.

Sprite soon drifted off to sleep, to dream of new adventures and happy times, knowing that he would not have any trouble anymore because his foster carers had made him feel part of their family and would never stop caring.

I hope you've enjoyed the story so far and that this book has helped you understand fostering. Now it's time for you to have some fun and enjoy your new adventure!



If you are not happy

If you have a problem, or are not happy with something, you should always tell somebody like your social worker, your foster carer, your Fosterplus social worker or your teacher and they may be able to solve it.

There are many people who care about you. Below are people you can always talk to. Your foster carer(s) will help you get all their details.

My Social Worker's Name: _____

My Social Worker's Tel: _____

My Social Worker's Mobile: _____

My Social Worker's Email: _____

My Foster Carer's Name: _____

My Foster Carer's Tel: _____

My Foster Carer's Mobile: _____

My Foster Carer's Email: _____

My Fosterplus social worker's name:

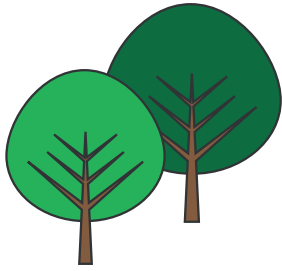
My Fosterplus social worker's tel:

My Fosterplus social worker's mobile

My Fosterplus social worker's email:

My Fosterplus Office

You will never get in trouble for letting us know you have a problem, or if you complain. We are here to help. There are lots of ways that you can contact our children's helpline. You can find out more on the next page.



Important Details

Edinburgh & East Scotland
Liberty House
15 Cromarty Campus
Rosyth
KY11 2YB
0131 241 6200

Glasgow
The Arc
25 Colquhoun Avenue
Hillington Park
Glasgow
G52 4BN
0141 457 7127

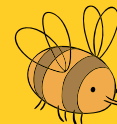
Prestwick
Unit 6
Ladykirk Business Park
Skye Road
Prestwick
KA9 2TA
01292 288990

Complaints email:

Complaints@fosterplus.co.uk

If there is something you want to talk about or share with us, this email is specifically for children and young people to get in touch with us:

hearmyvoice@fosterplus.co.uk



NSPCC Childline - 0800 1111

Childline is 24 hours a day helpline for children and young people in trouble or danger.

www.nspcc.org.uk

Frank - 0300 123 6600

A free 24 hours national drugs helpline.

www.talktofrank.com

Kidscape

A national charity that runs courses and provides materials to develop protection skills for young people.

www.kidscape.org.uk

Samaritans - 116 123

A 24 hour helpline for people of all ages.

www.samaritans.org

Office of the Children's Commissioner - General Enquiries - 020 7783 8330

Email: info.request@childrenscommissioner.gsi.gov.uk

Become Charity - 0800 023 2033

For information about the Become charity, visit www.becomecharity.org.uk

Email: advice@becomecharity.org.uk

WhatsApp on 07860 034 982

Care Inspectorate - 0345 600 9527

Compass House, 11 Riverside Drive

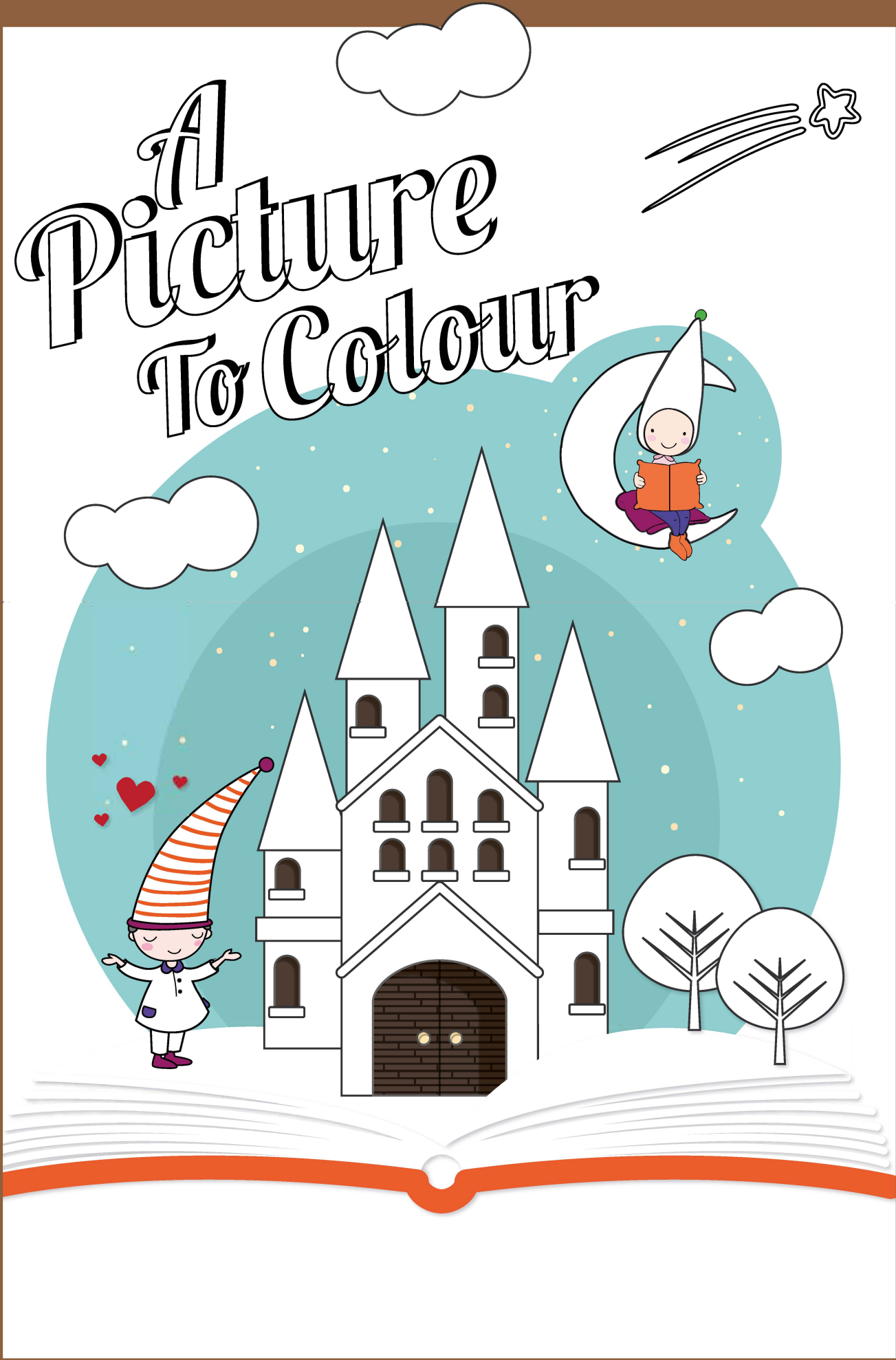
Dundee, DD1 4NY

enquiries@careinspectorate.gov.scot

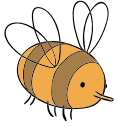
Children's Rights Officer Every council (local authority) in Scotland has a Children's Rights Officer (sometimes called a Children's Rights and Information Officer). They can give children and young people information and advice and help children and young people to represent their views and have their say at meetings (including Children's Hearings). Contact your council to find out more about your Children's Rights Officer.



A Picture To Colour



Dictionary



Agency - is another word for an organisation or company.

Care Plan - this is a document that is written to make sure you are being looked after properly by your local authority and foster carers, and that your wishes and feelings are taken into account. Your social worker will also be able to answer questions about this.

Childrens Review - this is a meeting you will have with some important people who make decisions about you and the care you need.

Family Time - is when you stay in touch with someone like your family or friends.

PVG and disclosure checks (Disclosure & Barring Services) - this is where the government checks to see if an adult is OK to help and be with children. These are checks that Fosterplus will take care of.

Foster care - foster care is when a child is living with and being cared for by a family which is not their own.





Dictionary

Foster Carers - are people who look after you in their home with their families. They will provide you with help, food, shelter and care.

Foster Home - this is where foster children live with their foster family.

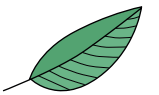
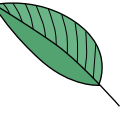
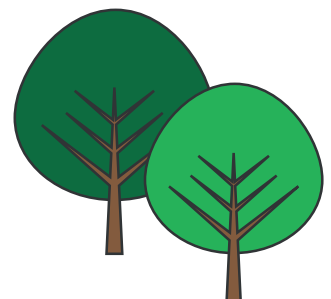
Helpline - is a number or a place you can call to talk to someone that will help you.

Independent Reviewing Officer - the person who checks that children are listened to as well as those of their family, carers, social workers and others.

Local Authorities - a part of the government that will help you with decisions and other important things.

Care Inspectorate - is an organisation run by the government that does regular checks of schools, child day care and foster care agencies in Scotland to make sure everyone is doing what they should do.

Social Worker - a social worker is a person who helps people who cannot help themselves.



Just For Fun



a	s	l	a	n	i	m	a	i	s
t	x	f	k	s	p	a	c	e	r
i	h	b	o	o	e	g	r	u	t
h	a	g	i	o	q	u	e	m	s
a	w	y	i	k	t	v	i	n	t
p	m	o	o	n	e	b	y	f	a
p	l	c	e	w	k	r	a	l	r
y	g	v	o	d	c	b	j	l	s
k	d	l	u	n	o	c	r	p	l
a	s	e	g	p	r	i	n	c	e

Football

Stars

Rocket

Knight

Animals

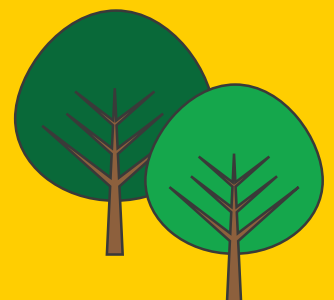
Adventure

Space

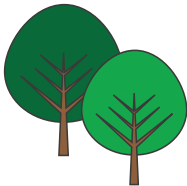
Happy

Prince

Moon



Notes



A series of horizontal dotted lines for writing notes, spanning the width of the page.

